



FRACTORA

Pre Treatment Instructions:

- Hydrate- Moisturize skin in the morning and evening, and drink at least eight glasses of water per day to completely hydrate your skin and optimize treatment results.
- Medications -You may be provided a prescription for antiviral medication prophylaxis 3-4 days prior to the procedure if you're undergoing a deeper peel or have a history of Herpes Simplex (to avoid outbreak).
- Topical retinoid therapy should be discontinued 3-4 days prior to treatment. Discontinue any other irritant topical agents for 2-3 days prior to treatment.
- Avoid any prolonged direct exposure to the sun for several days prior to treatment. If you must be in the sun, use zinc oxide sunscreen of at least SPF 30+. Also avoid self-tanner and spray tanning for 7-10 days prior to treatment.
- The treatment area will be thoroughly cleaned, including topical anesthetic, hairspray, gel, makeup, lotions, deodorants, self tanning products and ointments with alcohol prior to treatment. It is best to arrive for treatment with clean skin. There should be no lotion, makeup, perfume, powder, bath/Shower oil present on the skin in the area to be treated if possible.
- Avoid taking blood thinners or anti-inflammatory medications for 7-10 days before treatment, if medical conditions allow. Consult with your physician.

Post-Treatment Instructions:

- Immediately after treatment, most patients will experience the clinical endpoint of erythema (redness) for 1-3 days, however for more aggressive treatment this may last longer. Slight to moderate edema (swelling) in a mild to moderate sunburn sensation are also common post treatment and may last 1-3 days. Skin may crust and peel for 2-7 days depending on treatment.
- The topical ointment may be applied to the treatment area, no bandages or wraps are necessary. AgeWell recommends SkinFuse postcare treatment for the best results from from your Fractora treatment. It is very important to keep the area hydrated.
- Treat your skin gently, avoid scrubbing or trauma to the treated area. Use water only or gentle cleanser for the first 24 to 48 hours.
- Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation).The use of the physical sunblock SPF 30+ after 24 to 48 hours.
- Contact the AgeWell office with any questions or concerns at 806-683-6813.